

# **Richmond Rockets Speed Skating Club (RRSSC)**

## **RRSSC Program Registration and Participation Policy**

### **1. Eligibility and Membership**

To register for RRSSC programs, skaters must meet the following requirements:

- Hold a valid Speed Skating BC / Speed Skating Canada membership
- Complete registration through the club's official registration system
- Be members in good standing with RRSSC
- Follow RRSSC Code of Conduct and Safe Sport policies

RRSSC reserves the right to refuse or cancel registration if a participant is not in good standing.

### **2. Program Administration**

Program registration, training group placements, and schedule assignments are administered by the club in accordance with policies approved by the RRSSC Board of Directors.

### **3. Training Group Determination**

Training group design is determined and approved by the Board of Directors.

Final placement decisions remain at the discretion of the club, taking into account coaching recommendations, safety considerations, and overall program balance.

### **4. Group 2 Reference Guideline**

For the coming season, Group 2 generally includes skaters who meet the following reference benchmarks:

- Ice Age 10 or older
- 400m personal best of 46 seconds or faster
- 500m personal best of 56 seconds or faster

These benchmarks serve as general guidelines and placement may also consider coaching assessment and overall group balance.

These benchmarks are intended to guide upcoming program planning and are not applied retroactively to prior placement decisions.

Meeting these benchmarks does not guarantee placement, as final decisions consider overall skating level and program balance.

## **5. Exception Consideration**

Skaters who do not fully meet the above benchmarks may request an exception under the following conditions:

- Skaters aged 18 and above with a 500m personal best of under 58 seconds may be considered for exception review
- Skaters aged 10–13 who are close to the benchmark may be considered for exception review based on overall skating level and program balance

A limited number of up to 5 exception spots may be granted per season.

Exception approval is not guaranteed. Decisions are made by the Board of Directors in consultation with the coaching team.

## **6. Communication and Placement Requests**

RRSSC encourages open communication between coaches and families regarding training progress and development.

Any questions or requests related to training group placement must be submitted to the Registrar by email. The Registrar will coordinate review with the coaching team and the Board of Directors ([board@richmondrockets.org](mailto:board@richmondrockets.org)) as appropriate.

All placement decisions will be confirmed through official communication from the Registrar. Verbal or informal discussions with coaches or others do not constitute confirmed placement decisions.

## **7. Waitlist and Program Capacity**

When program capacity is reached, skaters may be placed on a waitlist. Placement is not guaranteed.

## **8. Refund and Withdrawal Policy**

Refunds are subject to program timelines and Board approval where applicable.

## **9. Safety and Conduct**

All skaters must follow safety requirements and club policies. The club reserves the right to remove participants if necessary.